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Canadian Working Group on HIV and Rehabilitation
Groupe de travail canadien sur le VIH et la réinsertion sociale

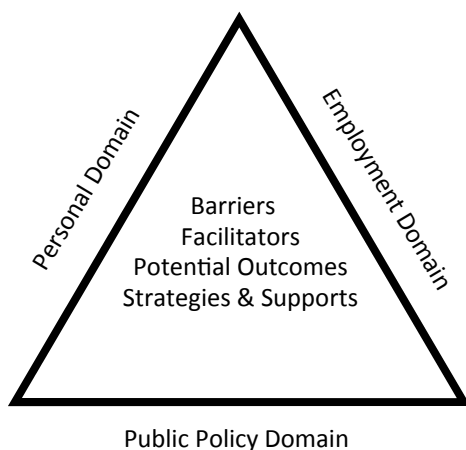
A Framework to Enhance Labour Force Participation Options for People Living with HIV/AIDS in Canada



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HIV and Employment Framework Overview

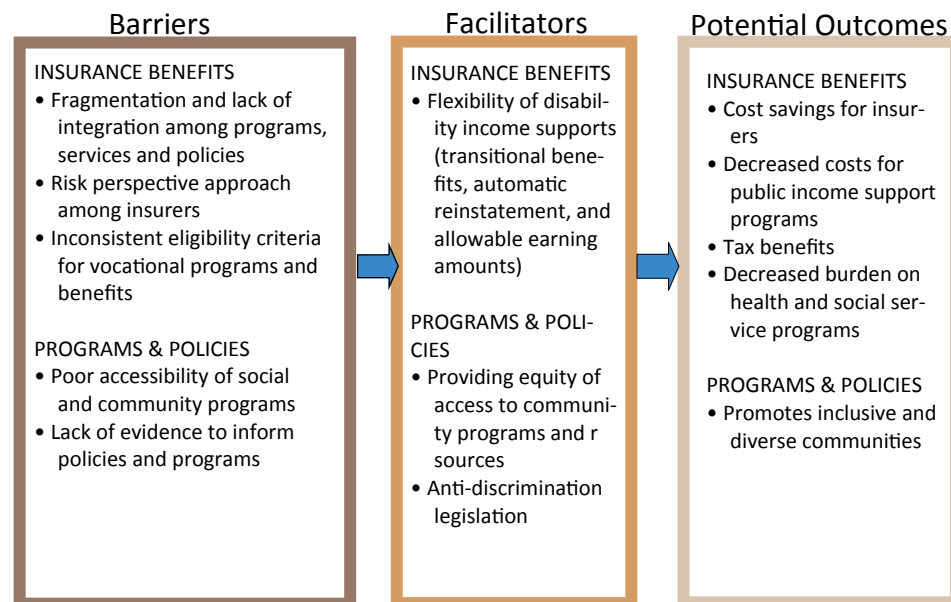
People living with HIV in Canada (PHAs) face significant challenges to participating in the workforce. We synthesized information from studies and consultations with stakeholders (including PHAs, employers, insurers and policy makers) to create a framework that shows key employment barriers and facilitators, potential outcomes of employment, and employment strategies and supports for people living with HIV. In the framework, we addressed these factors within personal, employment and public policy domains.



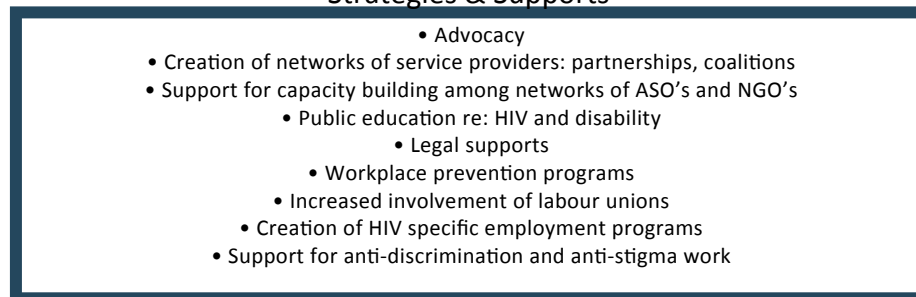
We screened 11,165 journal articles and report abstracts, and conducted a review on 285 selected documents to develop the preliminary framework. We then conducted 18 qualitative interviews and 3 focus groups (with a total of 34 participants) to augment the framework. The framework was also reviewed by members of a community advisory committee of those active in the HIV and employment fields.

We hope the framework and this booklet provide useful information for PHAs, AIDS service organizations, vocational rehabilitation workers, employers, insurers, and policy makers as they work to develop options for labour force participation for PHAs. The next page provides an overview of some of the key contextual factors that influence labour force participation, and the following pages show details of barriers, facilitators, potential outcomes, and strategies and supports within the different domains (personal, employment and policy).

Public Policy Domain



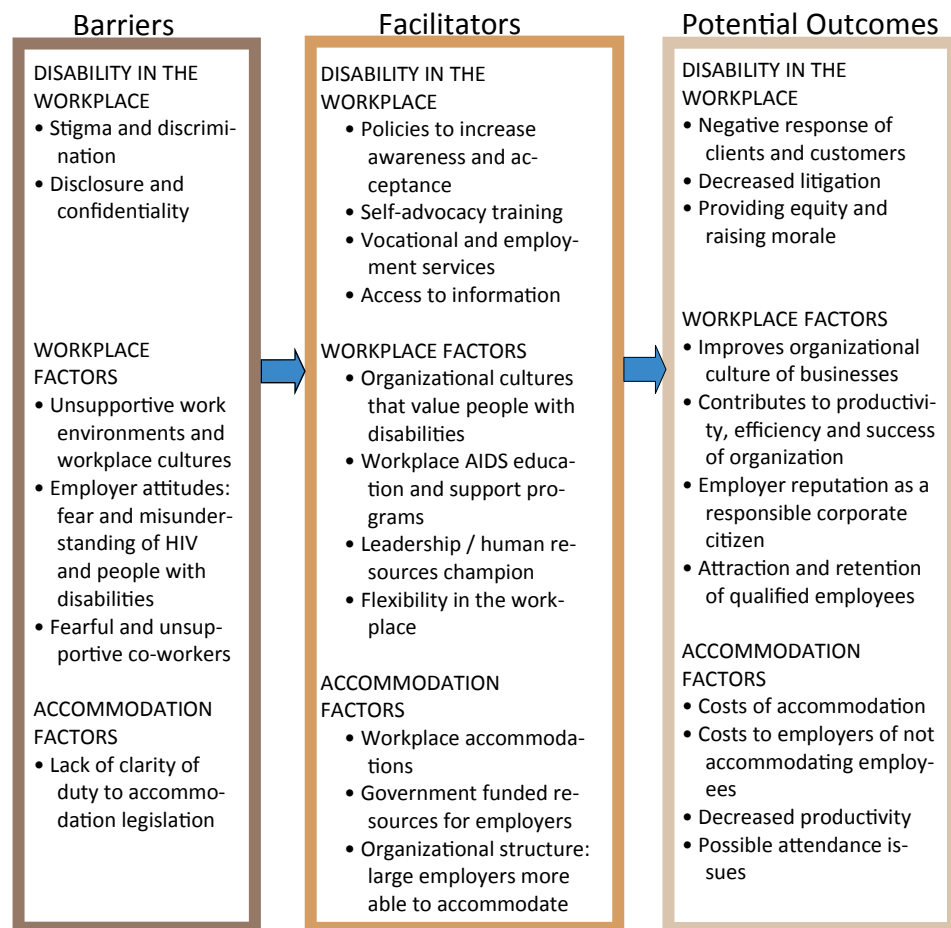
Strategies & Supports



Important factors within the public policy domain include those related to insurance benefits and programs and policies. Advocacy and intervention at this level are significant components of any effort to assist PHAs in successfully maintaining employment.

The factors outlined in the framework are part of a larger discussion on enhancing the successful workforce participation of PHAs in Canada. Front-line AIDS service organizations, people living with HIV/AIDS, employers and policy-makers all have critical roles to play in improving employment options for PHAs, and in building workforces that contribute to a healthier, more diverse and, ultimately, more productive society.

Employment Domain

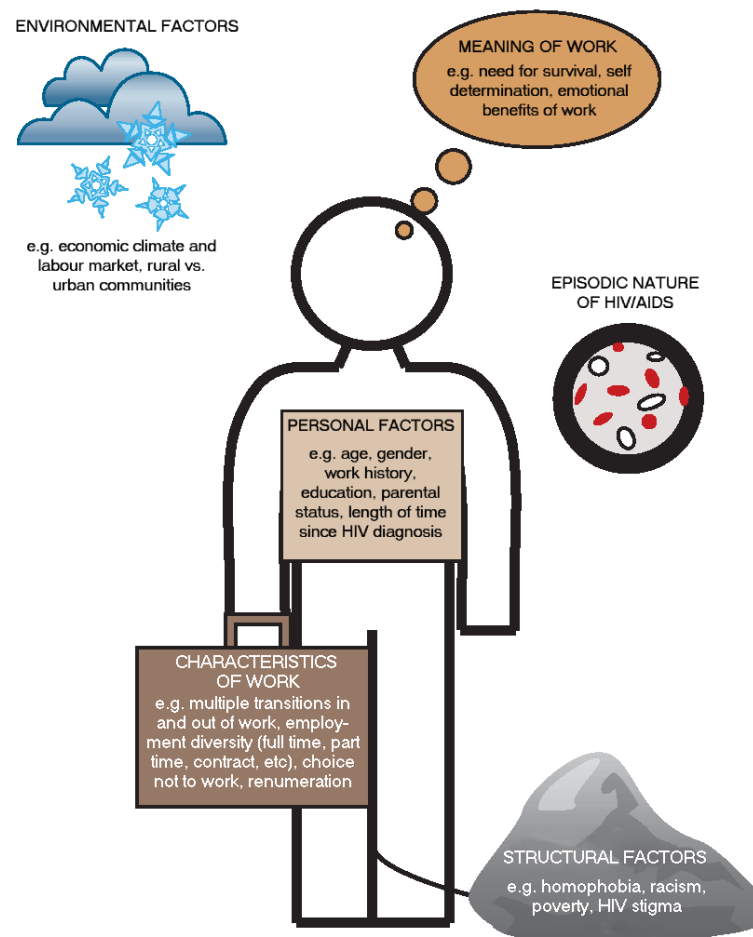


Strategies & Supports

- Outreach and education with employers
- Providing PHAs with informed mentors
- Initiatives to reduce discrimination

Key factors related to the employment domain may impact a PHAs' ability to successfully participate in the labour force. Factors related to disability in the workplace, workplace conditions and accommodation play a role in shaping the organizational context. Strategies to address these factors are important considerations when supporting PHAs in employment situations.

Broader Factors Influencing Labour Force Participation



Several contextual factors significantly influence labour force participation for PHAs in Canada. Environmental factors such as economic climate and location of residence; structural factors such as HIV stigma and homophobia; the episodic nature of HIV; personal factors such as level of education and employment history; the type and characteristics of the work; and personal meanings attributed to work will all have an effect on labour force participation for PHAs. Each of these contextual factors will influence the personal, employment and policy domains.

Personal Domain

Barriers

- INCOME MAINTENANCE**
- Fear of loss of income, insurance and health benefits
- VOCATIONAL FACTORS**
- Previous unemployment or work interruptions
 - Low levels of job skills, education and training
 - Poor work/individual matches
- HEALTH FACTORS**
- Poor health and/or advanced stage of disease progression
 - Medication adherence, scheduling and side effects
 - Effects of concurrent health conditions
- MENTAL HEALTH FACTORS**
- Emotional and psychological factors (depression, neurocognitive impairments)
- SOCIAL FACTORS**
- Social isolation
 - Caregiver responsibilities
 - Effects of stigma and discrimination
 - Lack of access to social and community benefits

Facilitators

- INCOME MAINTENANCE**
- Flexible disability and income supports
- VOCATIONAL FACTORS**
- Job characteristics (psychologically an emotionally rewarding jobs)
 - Job skills, work experience and education
 - Good work/individual matches
- HEALTH FACTORS**
- Improved health status
 - Successful, stable access to HAART regimen
 - Managed concurrent health conditions
- MENTAL HEALTH FACTORS**
- Self-awareness, assertiveness
- SOCIAL FACTORS**
- Instrumental social supports (peer support and case management)
 - Stable partnership or family support
 - Self-advocacy skills
 - Access to community resources (childcare, transportation, legal, medical care)

Potential Outcomes

- INCOME MAINTENANCE**
- Increased or decreased income for PHAs
- VOCATIONAL FACTORS**
- Increased physical and cognitive stimulation
 - Reduction in risk behaviours
- HEALTH FACTORS**
- Better perceived general health / Work stress leads to negative health effects
 - Employment can lead to higher HRQOL among PHAs
 - Slower disease progression / reduction in HIV symptoms
 - Higher physical functioning / fewer physical limitations
 - Less physical pain
- MENTAL HEALTH FACTORS**
- Increased sense of well being
- SOCIAL FACTORS**
- Decreased ability of PHAs to access community services
 - Increased social participation

Strategies & Supports

PRE-WORK PREPARATION

- Support for well informed decision making including decision not to work
- Opportunities to develop job search skills: resume writing, interviewing
- Access to return to work training without risking benefits
- Support for career development and career change
- Defining 'success' in flexible terms

SUPPORTING RETURN TO WORK

- HIV-specific services
- Peer support
- Individualized approach
- Strengths-based approach
- Services provided by supportive, courteous and respectful professionals
- Facilitated adjustment to the workforce
- Opportunities for temporary and part-time work
- Services that allow PHAs to return to work in a way that best suits their financial and adjustment-related needs
- Holistic and process-oriented approach
- Emphasis on learning practical skills
- Encouragement to counter broader cultural messages re: illness and stigma
- Support for career advancement

SUSTAINING EMPLOYMENT

- Support for disclosure
- Off site vocational counseling: job-specific, problem solving, disability management, & coping skills
- Occupational therapy: workplace modification, training, energy conservation techniques

Key factors within the personal domain play a critical role in influencing labour force participation for PHAs. These may include income maintenance, vocational, health, mental health or social factors. Support at this level during all phases of the employment process is important in assisting PHAs to successfully achieve their vocational goals.